

Mercy Wellness Center

To find us:

- West entrance through Emergicare
- West elevators, exit on A level
- Left to end, left through stairwell entrance

To visit:

- Walk through the Wellness Center any time from 6:00 A.M. till 1:00 A.M.

Cost:

- \$15 one time enrollment fee
- \$200 Annual Fee (other membership options on the [Mercy Wellness Center](#) website)

To join:

Schedule a Welcome Orientation to begin or continue your personal wellness path. Call to make an appointment: 515-247-3066 ext. 6

- Get your blood pressure and resting heart rate checked
- Learn how the Wellness Center works
- Receive your locker key
- Take a guided tour
- Get free LIFE ASSURANCE

KEEP MOVING!

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